Supervisory Strategies for Promoting Work Quality and Staff Enjoyment

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Importance of Using Evidence-Based Procedures for Working with Staff

- Logical extension of using evidencebased interventions for people with autism and other disabilities
- "Cop out view" vs. accountable supervision

# Essence of Supervising Staff

- Bottom line 1: change and/or maintain performance (maximizing work effort and proficiency)
- Bottom line 2: creating and maintaining a desirable work environment (maximizing work enjoyment)

#### IMPORTANCE OF PROMOTING STAFF WORK ENJOYMENT

(Motivation: Working Hard and Enjoying Work)

- **1.** Lack of enjoyment hinders work productivity
- 2. Staff work enjoyment impacts client enjoyment
- 3. Enjoyment with work reduces absenteeism and turnover
- 4. Staff enjoyment enhances supervisor enjoyment

Behavioral Outcome Management

- Select consumer outcome
- Specify staff performance
- Train
- Monitor
- Support
- Correct
- Evaluate

Qualifications with Behavioral Outcome Management

- Requires consistent supervisor action
- Sometimes has to be selective
- Must be as *data-based* as possible
- Importance of informal sensitivity and subsequent responsiveness

### **Basic Training Protocol**

Performance- and competency-based
 Behavioral Skills Training (BST)

 Focuses primarily on performance skills and secondarily on verbal skills

# **Basic Training Protocol**

- 1. Vocally describe target skills
- 2. Provide written summary
- 3. Demonstrate skills
- 4. Trainee practice of skills with feedback
- 5. Repeat steps 1, 3, & 4 until observed competence

# Behavioral Skills Training Reference

 Parson, M.B., Rollyson, J.H., & Reid, D.H. (2012). Evidence-based staff training: A guide for practitioners. *Behavior Analysis in Practice, 5*, 2-11.

Summary

Efficiency of Behavioral Skills Training (BST)

 Often less efficient than traditional, verbal-based training

- But verbal-based training not very effective with performance skills
- Need to increase efficiency of BST
  - Pyramidal training
  - Use of visual media

# **Pyramidal Training**

Parsons, M.B., Rollyson, J.H., & Reid, D.H. (2013). Teaching practitioners to conduct behavioral skills training: A pyramidal approach for training multiple human service staff. *Behavior Analysis in Practice, 6,* 4-16.

# Advantages of Pyramidal Staff Training

- Reduces amount of *lead* trainer time
- Once key staff are trained in BST, they can assist in future staff training once they have acquired the training content
- Especially helpful when training large numbers of staff or staff in different locations
- Helps maintain content skills of staff trainers

Concerns with Pyramidal Staff Training

- Some staff do not want to function as staff trainers, and especially peer trainers
  - Van den Pol, Reid et al. (1983) JABA
- Requires staff trainers have available time to conduct staff training

## Making BST More Efficient:

- Pyramidal (for the lead trainer)
- Visual media
  - General advantage and disadvantage

Behavioral Outcome Management

- Select consumer outcome
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## Making Monitoring Acceptable

Reid & Parsons (1995). Comparing choice and questionnaire measures of the acceptability of a staff training procedure. *Journal of Applied Behavior Analysis, 28,* 95-96. Behavioral Outcome Management

- Select consumer outcome
- Specify staff performance
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## Supportive Management

- Set the occasion for proficient staff performance
- Positively support/reinforce proficient performance

The Power of Systematic and Frequent (Positive) Feedback

- Most evidence-based, readily available means of improving staff performance.
- vs. *supplemental* role of special recognition, performance lotteries, contingent gifts, etc.

#### **Feedback Protocol**

Parsons & Reid (1995). Training residential supervisors to provide feedback for maintaining staff teaching skills with people who have severe disabilities. *Journal of Applied Behavior Analysis, 28,* 317-322.

## Feedback Protocol

- 1. Begin with positive or empathetic statement
- 2. Identify skills performed correctly
- 3. Identify skills performed incorrectly
- 4. Specify how to change/improve incorrect performance
- 5. Solicit questions
- 6. Describe next actions
- 7. End with positive or empathetic statement

Power of Feedback: Long-Term Case Example

Reid, D.H., Parsons, M.B., & Jensen, J.M. (2017). Maintaining staff performance following a training intervention: Suggestions from a 30year case example. *Behavior Analysis in Practice, 10,* 10-21. Behavioral Outcome Management

- Select consumer outcome
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- Evaluate

#### **Corrective Management**

- Identify correct performance
- Identify incorrect performance
- Specify how to change/improve incorrect performance
- Contingent use of disciplinary action

Acceptability

Review

- with training
  - practice with feedback
- with feedback
  - key parts of the protocol
  - MBWA (sort of)
- Other strategies

Changing Less-Preferred Duties to More-Preferred: A Potential Strategy for Improving Supervisor Work Enjoyment

Green, C. W., Reid, D. H., Passante, S., & Canipe, V. (2008), *Journal of Organizational Behavior Management, 28,* 90-109. Making Less Preferred Duties More Preferred

- Identify staffs' most disliked duty
- Query staff about why the duty is so disliked
- Query staff (and others about how performing the duty can be changed to make less unpleasant to perform)
- Make the changes identified above

# Staff Motivation

Working hard (proficiently)

Enjoying work

# Creating a Motivating Work Environment

Parsons, Reid, & Crow (2003). The best and worst ways to motivate staff in community agencies: A brief survey of supervisors. *Mental Retardation, 41,* 96-102.

Increase the "goods"
Formal recognition

- Increase the "goods"
  - Formal recognition
  - Informal recognition

Increase the "goods"

- Formal recognition
- Informal recognition
  - Impromptu praise

Increase the "goods"

- Formal recognition
- Informal recognition
  - Impromptu praise
  - Special recognition meetings

- Increase the "goods"
  - Formal recognition
  - Informal recognition
    - Impromptu praise
    - Special meeting recognition
    - Take home the goods

Resource Information Supervisor Training Curricula

- Reid, Parsons, & Green (2011). The Supervisor Training Curriculum www.aaidd.org
- Courtney, Hartley, LaMarca, Rosswurm, & Reid (2017). *The training curriculum for supervisors of ABA technicians in autism programs.* Sloan Publishing

# Reference for Evidence-Based Supervision

- Reid, D.H., Parsons, M.B., & Green, C.W. (2012). The Supervisor's Guidebook: Evidence-Based Strategies for Promoting Work Quality and Enjoyment among Human Service Staff.
- Reid, D.H., & Parsons, M.B. (2018). Working with Staff to Overcome Challenging Behavior among People Who Have Severe Disabilities: A Guide for Getting Support Plans Carried Out.
- www.behaviordevelopmentsolutions.com

Successful Supervision Staff Working Hard (Proficiently) & Enjoying Their Work

- Evidence based
- Active
- When successful:

EVERYBODY WINS

## **Contact Information**

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